

SEMPER FIDELIS

NEWSLETTER FOR RETIRED MARINES



The Fiscal Year 2023 National Defense Authorization Act: Survivor Benefit Plan Open Season

By DFAS 23 December 2022

The SBP Open Season allows for **retirees receiving retired pay, eligible members, or former members awaiting retired pay** who are **currently NOT enrolled** in SBP or RCSBP (Reserve Component Survivor Benefit Plan) to **enroll**. For a member who enrolls during the SBP Open Season, the law generally requires that the member will be responsible to pay retroactive SBP premium costs that would have been paid if the member had enrolled at retirement (or enrolled at another earlier date, depending on the member's family circumstances).

For retirees receiving pay, enrollment does require paying the premiums plus interest for the time period since the date they were first eligible to enroll, as well as the monthly premiums moving forward.

The SBP Open Season also allows eligible members and former members who are **currently enrolled** in either SBP or RCSBP to **permanently discontinue** their SBP coverage. The law generally requires the covered beneficiaries to concur **in writing** with the election to discontinue. Previously paid premiums will not be refunded.

DFAS is working to prepare the forms, policies, and processes required to facilitate this SBP Open Season. We will not be able to answer specific questions until we obtain official DoD guidance on the new law, policy, and processes.

In the meantime, we created a special focus webpage to post information and instructions as they become available.

Please check our special focus webpage for news and information - <https://www.dfas.mil/sbpopenseason23>

**SEMPER FIDELIS
DISCLAIMER**

Some of the information compiled for Semper Fidelis comes from other sources to include experts in their respective fields, i.e. , DFAS, VA, and TRICARE. Content was current at the time this publication went to press. Any delays in mailing may be due to unforeseen circumstances and we apologize for the inconvenience.

NOTE: The newsletter is posted online before it is mailed.

Semper Fidelis accepts unsolicited material for publication for regular columns such as Second Career and Reunions, but reserves the right to reject any unsolicited material deemed inappropriate or illegible for publication.

Semper Fidelis is published quarterly by MMSR-6 to inform retired Marines and their family members on information of interest on their rights, benefits, and privileges. Items in this newsletter do not necessarily reflect the views of the United States Marine Corps or the Department of Defense.



If you, or someone you know needs help, support is available 24/7. Service members and their families can call Military OneSource at 1-800-342-9647, or chat at militaryonesource.mil. Service members, veterans, and their loved ones can also call the Military and Veterans Crisis Line at 1-800-273-8255 and Press 1, chat at veteranscrisisline.net, or text to 838255.

The National Suicide Prevention Lifeline is available to anyone at 1-800-273-8255.

**SEMPER FIDELIS NEWSLETTER
FOR RETIRED MARINES**

Volume 67 No. 1

January - March 2023

ABOUT THIS PUBLICATION

The Semper Fidelis newsletter is published with appropriated funds on a quarterly basis.

Access it online:

[https://www.hqmc.marines.mil/
Agencies/Manpower-Reserve-
Affairs-MMSR-6/](https://www.hqmc.marines.mil/Agencies/Manpower-Reserve-Affairs-MMSR-6/)

INSIDE THIS ISSUE:

- 3) **2023 Veterans Disability Compensation rates**
- 8) **Price Your Medications Through your Express Scripts Account**
- 9) **Learn About changes to Specialty Drugs**
- 11) **VALife insurance program**
- 12) **FLTCIP**
- 13) **Buying Back Military Service Time**
- 14) **Blood Donor Ban Lifted**
- 15) **DFAS Tax Documents**
- 17) **Name Change**
- 18) **Reunions**
- 19) **Military Retiree Appreciation Days**
- 20) **TAPS**
- 23) **Navy & Marine Corps Retire Council**
- 25) **Steps to Take When an Annuitant Dies**
- 26) **Directory**



2023 Veterans Disability Compensation rates

Released by DHS.gov on Nov 29, 2022

Review 2023 Veterans disability compensation rates. Use our compensation benefits rate tables to find your monthly payment amount. We base your monthly payment amount on your disability rating and details about your dependent family members.

Compensation rates for Veterans with a 10% to 20% disability rating

Effective December 1, 2022

Note: If you have a 10% to 20% disability rating, you won't receive a higher rate even if you have a dependent spouse, child, or parent.

Disability rating	Monthly payment (in U.S. \$)
10%	165.92
20%	327.99

Compensation rates for Veterans with a 30% to 100% disability rating

Effective December 1, 2022

With a dependent spouse or parent, but no children

Find the dependent status in the left column that best describes you. Then look for your disability rating in the top row. Your basic monthly rate is where your dependent status and disability rating meet.

If your spouse receives Aid and Attendance benefits, be sure to also look at the **Added amounts table**, and add it to your amount from the **Basic monthly rates table**.

Dependent Status	30% disability rating	40% disability rating (in U.S. \$)	50% disability rating (in U.S. \$)	60% disability rating (in U.S. \$)
Veteran alone (no dependents)	508.05	731.86	1,041.82	1,319.96
With spouse (no parents or children)	568.05	811.86	1,141.82	1,440.65
With Spouse and 1 parent (no Children)	616.05	875.86	1,222.82	1,537.65
With spouse and 2 parents (no children)	664.05	939.86	1,303.82	1,634.65
With 1 parent (no spouse or children)	556.05	795.86	1,122.82	1,416.65
With 2 parents (no spouse or children)	604.05	859.86	1,203.82	1,513.65

Continued from page 3

Added amounts for 30% to 60% disability rating

Dependent status	30% disability rating (in U.S. \$)	40% disability rating (in U.S. \$)	50% disability rating (in U.S. \$)	60% disability rating (in U.S. \$)
Spouse receiving Aid and attendance	56.00	74.00	93.00	111.00

Compensation rates for 70% to 100% disability rating

Find the dependent status in the left column that best describes you. Then look for your disability rating in the top row. Your basic monthly rate is where your dependent status and disability rating meet.

If your spouse receives Aid and Attendance benefits, be sure to also look at the **Added amounts table**, and add it to your amount from the **Basic monthly rates table**.

Basic monthly for 70% to 100 disability rating

Dependent status	70% disability rating (in U.S. \$)	80% disability rating (in U.S. \$)	90% disability rating (in U.S. \$)	100% disability rating (in U.S. \$)
Veteran alone (no dependents)	1,663.06	1,933.15	2,172.39	3,621.95
With spouse (no parents or children)	1,804.06	2,094.15	2,353.39	3,823.89
With spouse and 1 parent (no children)	1,917.06	2,223.15	2,498.39	3,985.96
With spouse and 2 parents (no children)	2,030.06	2,353.15	2,643.39	4,148.03
With 1 parent (no spouse or children)	1,776.06	2,062.15	2,317.39	3,784.02
With 2 parents (no spouse or children)	1,889.06	2,191.15	2,462.39	3,946.09

Added amounts for 70% to 100% disability rating

Dependent status	70% disability rating (in U.S. \$)	80% disability rating (in U.S. \$)	90% disability rating (in U.S. \$)	100% disability rating (in U.S. \$)
Spouse receiving Aid and Attendance	130.00	148.00	167.00	185.21

Continued from page 4

With dependents, including children

Compensation rates 30% to 60% disability rating

Find the dependent status in the left column that best describes you. Then look for your disability rating in the top row. Your basic monthly rate is where your dependent status and disability rating meet.

If you have more than one child or your spouse receives Aid and Attendance benefits, be sure to also look at the **Added amounts table**, and add these to your amount from the **Basic monthly rates table**.

Basic monthly rates for 30% to 60 disability rating

Dependent status	30% disability rating (in U.S. \$)	40% disability rating (in U.S. \$)	50% disability rating (in U.S. \$)	60% disability rating (in U.S. \$)
Veteran with 1 child only (no spouse or parents)	548.05	785.86	1,108.82	1,400.65
With 1 child and spouse (no parents)	612.05	870.86	1,215.82	1,528.65
With 1 child, spouse, and 1 parent	660.05	934.86	1,296.82	1,625.65
With 1 child, spouse, and 2 parents	708.05	998.86	1,377.82	1,722.65
With 1 child and 1 parent (no spouse)	596.05	849.86	1,189.82	1,497.65
With 1 child and 2 par- ents (no spouse)	644.05	913.86	1,270.82	1,594.65

Added amounts for 30% to 60% disability rating

Dependent Status	30% disability rating (in U.S. \$)	40% disability rating (in U.S. \$)	50% disability rating (in U.S. \$)	60% disability rating (in U.S. \$)
Each additional child under age 18	30.00	40.00	50.00	60.00
Each additional child over age 18 in a qualifying school program	97.00	129.00	162.00	194.00
Spouse receiving Aid and Attendance	56.00	74.00	93.00	111.00

Continued from page 5

Compensation rates for 70% to 100% disability rating

Find the dependent status in the left column that best describes you. Then look for your disability rating in the top row. Your basic monthly rate is where your dependent status and disability rating meet.

If your spouse receives Aid and Attendance benefits, be sure to also look at the **Added amounts table**, and add it to your amount from the **Basic monthly rates table**.

Basic monthly for 70% to 100 disability rating

Dependent status	70% disability rating (in U.S. \$)	80% disability rating (in U.S. \$)	90% disability rating (in U.S. \$)	100% disability rating (in U.S. \$)
Veteran with child only (no spouse or parents)	1,757.06	2,041.15	2,293.39	3,757.00
With 1 child and spouse (no parents)	1,907.06	2,212.15	2,486.39	3,971.78
With child, spouse and 1 parent	2,020.06	2,341.15	2,631.39	4,133.85
With 1 child, spouse and 2 parents	2,133.06	2,470.15	2,2776.39	4,295.92
With 1 child and 1 parent	1,870.06	2,170.15	2,438.39	3,919.07
With 1 child and 2 parents (no spouse)	1,983.06	2,299.15	2,583.39	4,081.14

Added amount for 70% to 100% disability rating

Dependent Status	70% disability rating (in U.S. \$)	80% disability rating (in U.S. \$)	90% disability rating (in U.S. \$)	100% disability rating (in U.S. \$)
Each additional child under age 18	70.00	80.00	90.00	100.34
Each additional child over age 18 in a qualifying school program	226.00	259.00	291.00	324.12
Spouse receiving Aid and Attendance	130.00	148.00	167.00	185.21

Note: We’re required by law to match the percentage of cost-of-living adjustments made to Social Security benefits. These adjustments help to make sure that the purchasing power of your benefits keeps up with inflation.

How to use the tables to find your monthly payment

Find your basic rate

Go to the compensation rates for your disability rating. On the **Basic monthly rates table**, find the amount for your disability rating and dependent status. This is your basic monthly rate.

Continued from page 6

Example (Veteran with no children):

If you're a Veteran with a 30% disability rating, and you have a dependent spouse (no dependent parents or children), your basic monthly rate would be \$568.05 each month.

Find your added amounts, if any apply

If your spouse receives Aid and Attendance benefits or you have more than one child, you may qualify for additional monthly payment amounts as listed in the **Added amounts table**.

First, determine your basic rate.

Example (Veteran with children):

If you're a Veteran with a 70% disability rating, and you have a spouse, plus 3 dependent children under the age of 18, you would start with the basic rate of \$1,907.06 (for a Veteran with a spouse and 1 child). Next, look at the **Added amounts table**. Find the amount for children under age 18 (\$70.00). Since your basic rate already provides payment for 1 child, you would add the rate of \$70.00 for each additional child (so \$70 x 2).

Next, look at the **Added amounts table**. Find the amount for children under age 18 (\$70.00).

Since your basic rate already provides payment for 1 child, you would add the rate of \$70.00 for each additional child (so \$70 x 2).

If your spouse receives Aid and Attendance, you would also add \$130 (which is the added amount for a spouse receiving Aid and Attendance, for a Veteran with a 70% disability rating).

In our example of a Veteran with 70% disability rating, your total monthly payment amount would be:

\$1,907.06 basic rate (1 spouse, 1 child)
 + **\$70** (second child under 18)
 + **\$70** (third child under 18)
 + **\$130** (spouse who receives Aid and Attendance)
Total \$2,177.06

THERE'S A NEW WAY TO LEARN ABOUT YOUR PRESCRIPTIONS

Just scan your QR code on the prescription label.

- You will have access to educational materials on your prescription and more resources. You can still request to have prescription information printed.

Better for the environment
 Safer for your personal information
 Easy access to more information




Price Your Medications Through Your Express Scripts Account

Bulletin December 20,222



With the Price a Medication tool, you can find the best value for your drug.

Did you know that the out-of-pocket costs for your prescriptions may be lower at a local pharmacy than your copayment? Find the best value for your drug with the Price a Medication tool using your Express Scripts account.

Whether you fill your prescriptions at a local pharmacy or have them delivered, you can use the Price a Medication tool to price a drug and find the best value for you. All you need is the drug name, strength, and a ZIP code to compare prices at nearby pharmacies. Your search results will show your pharmacy options, drug coverage details, and pricing for a 30- and 90-day supply of your drug.

Not to be confused with the Formulary Search Tool, you can find the Price a Medication tool by logging in to your online Express Scripts account at www.militaryrx.express-scripts.com. Once you're logged in, navigate to the "Prescriptions" menu and select "Price a Medication".

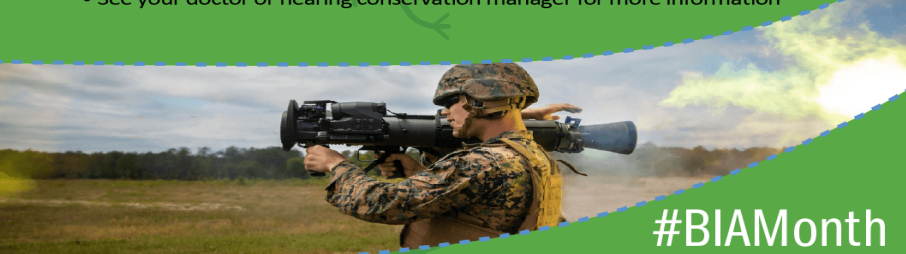
You can also find the tool through the Express Scripts mobile app. Just navigate to the "More" menu and

MARCH IS BRAIN INJURY AWARENESS MONTH

BE TBI READY

HEADS UP
Brain, Hearing & Balance Injuries

- Hearing and balance injuries are common among service members
- Your hearing can be damaged by blasts, jet fuel, or long-term noise exposure
- You may or may not have hearing loss with these injuries
- See your doctor or hearing conservation manager for more information



#BIAMonth
health.mil/BIAMonth

PRODUCED BY THE DEFENSE HEALTH AGENCY

Head injuries, especially from a blast, have become one of the most common combat-related injuries among deployed service members.

Typical head injury symptoms are:

- trouble hearing speech in noisy settings
- ringing or other sounds in your ears or head
- dizziness when you move your head while walking or bending down

Talk to your doctor if you have any of these symptoms. For more about TBI and hearing loss, visit: <https://hearing.health.mil/Resources/Education/Conditions-and-Concerns/TBI-and-Hearing-Loss>
#BIAMonth #BeTBIReady

Learn About Changes to Specialty Drugs Filled in the TRICARE Pharmacy Network

TRICARE News November 1, 2022



FALLS CHURCH, Va. – Did you know changes are coming to specialty drugs filled through the TRICARE pharmacy network? Starting Jan. 1, Accredo will be the primary in-network pharmacy to fill specialty drugs in the TRICARE pharmacy network. If you're currently filling your specialty drugs at a retail network pharmacy, you can move your specialty drugs to Accredo now to avoid disruptions to your medication therapy.

So what are specialty drugs? Specialty drugs treat long-term complex conditions, like multiple sclerosis, rheumatoid arthritis, hepatitis C, and cancer. Specialty drugs are normally self-administered, injectable, or oral. Sometimes they can require clinical training to administer and may need special handling and refrigerated storage.

“Specialty drugs are essential for a lot of the beneficiaries we serve,” said Lt. Col. Melissa Yates, pharmacist with the TRICARE Pharmacy Operations Division. “The updates to TRICARE’s pharmacy network will give military families, who are dealing with complex and chronic health conditions, more support in managing their medication therapy.”

Read through the Q&A to learn more about the changes you can expect with the pharmacy network.

Q: Will I have to change my pharmacy if I don't get my specialty drugs from an Accredo specialty pharmacy?

A: To avoid paying increased out-of-pocket costs, you must move to a specialty pharmacy in the network. Make sure you act on or before Jan. 1, 2023.

Continued from page 9

The TRICARE pharmacy network where you may obtain specialty drugs will include:

- Accredo specialty pharmacies
- Certain retail specialty pharmacies
- TRICARE Pharmacy Home Delivery
- Military pharmacies

Q: How are specialty drugs defined or identified?

A: TRICARE will continue to define specialty drugs and maintain the Specialty Care Drug List. You'll also still be able to look up your drugs and see where they're available using the TRICARE Formulary Search Tool. Make sure you review the specialty drugs list and the search tool for updates after Jan. 1.

Q: Can I use TRICARE Pharmacy Home Delivery after January to get my specialty drugs delivered?

A: Yes, but TRICARE Pharmacy Home Delivery may not stock your specialty drugs. Check the TRICARE Formulary Search Tool or contact Express Scripts to see if home delivery supplies your drug. If you're currently receiving your specialty drug through home delivery, you can stay at that pharmacy. You don't need to make any changes.

Q: Will my copayments change?

A: If you move your specialty drug from home delivery to Accredo, then your copayments will change. You'll pay the retail network pharmacy copayments. If you move from a retail network pharmacy to Accredo, then your copayments will stay the same. And deductibles may still apply. If you fill your specialty drugs at a military pharmacy or through TRICARE Pharmacy Home Delivery, then nothing changes for you.

The *TRICARE Pharmacy Program Overview Fact Sheet* states that pharmacy costs are based on who you are, the prescription drug category, and where you fill your prescription. You can view your current pharmacy copayments on the TRICARE website.

Q: How do I switch to Accredo?

A: To fill your specialty drugs at Accredo, log in or register online at www.express-scripts.com/login/tricare. You can also call Accredo at 1-877-882-3324. A patient care advocate will work with you and your doctor to get a new prescription sent to Accredo. Since Accredo is part of the pharmacy network right now, you can move your specialty drugs ahead of Jan. 1. Moving now will help avoid disruptions and increased out-of-pocket costs if you use a non-network pharmacy.

If you need help finding a pharmacy to fill your specialty drugs, visit Express Scripts. To learn more about TRICARE's coverage of specialty drugs, go to the covered services page.

The TRICARE retail pharmacy network changed on Oct. 24; learn about the changes.

Would you like the latest TRICARE news sent to you by email? Visit the TRICARE Subscriptions page today, and create your personalized profile to get benefit updates, news, and more <https://public.govdelivery.com/accounts/USMHSTMA/subscriber/new>

VALife insurance program coming January 2023 for Veterans with service connection

From VA News, May 30, 2022



In January 2023, VA will launch a new life insurance program called Veterans Affairs Life Insurance (VALife), which provides guaranteed acceptance whole life insurance coverage to Veterans age 80 and under, with any level of service-connected disability. Some Veterans age 81 and older may also be eligible.

What is Guaranteed Acceptance Whole Life Insurance?

Guaranteed acceptance is a whole life policy that does not require a medical exam or ask health questions. It also does not have a limited two year window to sign up. Whole life insurance provides coverage for the entire life of the individual policyholder, provided that premiums are always paid. Premium rates are locked in for the life of the policy, and unlike term policies will not increase as the policyholder ages.

What benefits does it offer?

Created by Public Law 116-315, the new program meets the needs of service-connected Veterans who may not have previously qualified for life insurance with VA. VALife offers guaranteed acceptance whole life insurance coverage that lasts for an individual's entire life and provides the following benefits:

All service-connected Veterans age 80 and under with 0-100% VA disability ratings are eligible.

Fully automated online enrollment with instant approvals.

Coverage comes in increments of \$10,000, up to a maximum of \$40,000, and premiums are competitive – or better – than what's available in the private sector. There is a two-year waiting period for full face value coverage to take effect.

No medical requirements for enrollment.

Cash value that builds over the life of the policy after the first two years of enrollment.

Rates are best the earlier you sign up. Once locked in, premiums will never increase.

Who is eligible?

All Veterans age 80 or younger with a VA disability rating of 0-100% are eligible for VALife, with no time limit to apply.

Veterans who are 81 or older may apply for VALife within two years of receiving a new service-connected disability rating if:

They applied for VA disability compensation before age 81, and;

They received a new service-connected disability rating after turning 81.

How does this impact other VA Life Insurance programs?

VALife opens life insurance coverage to more service-connected Veterans than ever before. In contrast to Service-Disabled Veterans Life Insurance (S-DVI), VALife has no medical requirements and there is no two year time limit to apply if a Veteran is age 80 or under.

Continued from page 11

Veterans who currently hold an S-DVI policy can either keep their current coverage or apply for VALife when the application goes live. Veterans can keep their S-DVI policy until the full coverage of VALife begins two years after enrollment as long as the application is received between Jan. 1, 2023, and Dec. 31, 2025

S-DVI will close to new enrollment after Dec. 31. Veterans interested in S-DVI should apply by this date, even if they are interested in applying for VALife in the new year. Applying for S-DVI now allows eligible Veterans to have life insurance coverage while waiting the two-year period for their VALife coverage to become available.

How can you apply for both?

The application for VALife will go live on Jan. 1, 2023. Stay tuned for more information on VALife and the application process. Once the program is open, the application will be available online at <https://www.benefits.va.gov/insurance/VALife.asp>.

If you are interested in applying for S-DVI before VALife opens, or would like to learn more about the coverage, please visit the S-DVI webpage here: <https://www.va.gov/life-insurance/options-eligibility/s-dvi/>.

Where can I learn more?

To learn more about VALife and whether it's the right choice for you and your family, please visit the webpage here: <https://www.benefits.va.gov/insurance/valife.asp>.

If you would like to receive email updates about VALife, please sign up here: <https://public.govdelivery.com/accounts/USVAVALI/subscriber/new>.

Important: New Federal Long Term Care Insurance Program (FLTCIP) Regulations and Announcement of Suspension Period for FLTCIP Applicants

The U.S. of Personnel Management (OPM) suspended applications for coverage under the Federal Long Term Care Insurance Program (FLTCIP) effective December 19, 2022.

OPM suspended applications for coverage under the FLTCIP to allow OPM and the FLTCIP carrier, John Hancock Life & Health Insurance Company, the time to thoroughly assess benefit offerings and establish sustainable premium rates that reasonably and equitably reflect the cost of the benefits provided, as required under 5 U.S.C. 9003(b)(2). For additional information about FLTCIP premiums, you may visit LTCFEDS.com/about-premiums.

OPM has determined that a suspension of applications for FLTCIP coverage, including coverage increases, is in the best interest of the program. OPM published a Federal Register Notice of Suspension ([opens in a new tab](#)) for current and newly eligible individuals applying for coverage under the FLTCIP after the final regulation was published.

As of December 19, 2022, individuals not currently enrolled may not apply for coverage, and current enrollees may not apply to increase their coverage. The suspension will remain in effect for 24 months, unless OPM issues a subsequent notice to end or extend the suspension period.

Eligible individuals who submitted an application for FLTCIP prior to the start of the suspension period will have their application considered. If the application is approved for coverage, then the individual will receive a benefit booklet and schedule of benefits with complete coverage information.

Current enrollees' coverage status will not change as long as they continue to pay premium. For those in a claim status, there is no change to coverage or the claims reimbursement process as long as benefits have not been exhausted.

Buying Back Your Military Service Time



DFAS Military Service Earnings/Buy Back Estimator

To help you make a decision on whether or not you would like to buy back your military service time, use the new Military Service Earnings/Buy Back Estimator tool. This tool will project your estimated earnings and the estimated cost of buying back your military service time. **Please note: This tool will only work with CAC enabled computers.**

An official estimate of your earnings can take 60 business days/12 weeks. With the new online estimator, available 24/7, you can quickly receive an **unofficial** estimate of your military earnings and the estimated cost of buying back your military service time. The estimator's results are approximate amounts and may not be used to formally apply to buy back your time.

To understand how buying back your military service will impact you specifically, to include how many years of credit you would receive and if it would affect your disability, it is recommended that you speak with a HR Retirement Counselor. Since every individual's situation is unique and specific, a HR Retirement Counselor can assist in interpreting specific regulations and potential impacts, opportunities, etc. To better assist the HR Retirement Counselor in his/her recommendations specific to your situation, it is recommended that you take a copy of your approximate earnings and buyback amount as projected by the Estimator tool when meeting with the counselor.

To use the estimator, you'll need the following details from your Certificate of Release or Discharge from Active Duty (DD214) or any of the other documents listed on the Acceptable Documents page:

- Pay Entry Base Date
- Active Service Date (Start Date)
- Separation Grade
- Last Promotion Date
- Separation Date
- Civilian Retirement Plan

General questions: Read the latest FAQ at Defense Finance and Accounting Service > AskDFAS .

For information or questions regarding estimated earnings, please contact the USMC Military Finance Center.

If you choose to pursue buying back your military time, you should follow the steps outlined on the Military Service Deposit web page to submit an official request.

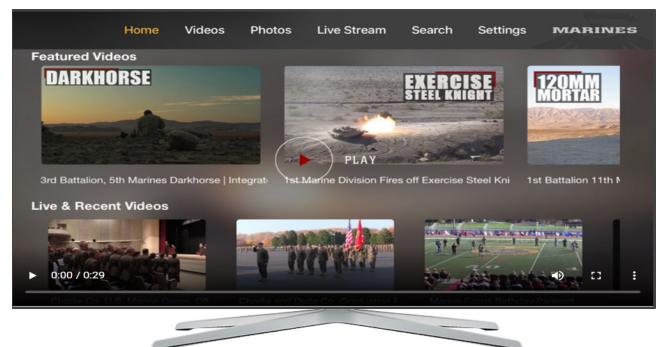
Defense Finance and Accounting Service > AskDFAS

Additional information can be found at the Office of Personal Website: <https://www.opm.gov/retirement-services/fers-information/military-retired-pay/>



DOWNLOAD OUR SMART TV APP

Get up to the minute news and information from the United States Marine Corps on its official Smart TV app.



“Mad Cow” Blood Donor Ban Lifted

By Robert Hammer, MHS Communications Nov 17, 2022



A decades-old blood donor ban was recently lifted by the Food and Drug Administration, potentially increasing the nation's blood supply by hundreds of thousands of donors each year.

Since the 1980s, the existence of Creutzfeldt-Jakob Disease, referenced as vCJD and otherwise known as the "Mad Cow" disease, banned many potential donors from donating blood—in particular, those who have served in or traveled to certain countries in Europe.

In 2020, the FDA lifted the vCJD disease travel deferral for the majority of affected European countries, but it wasn't until May 2022 that it was determined to be safe enough to lift the ban for the U.K., France, and Ireland.

Now, with lifting of the ban, the Armed Services Blood Program wants to see an increase in donors with "thousands of military members and their families who had been excluded from being able to donate blood because of geographical travel or military assignment now being eligible to donate," said U.S. Navy Capt. Leslie Riggs, division chief of the ASBP.

According to the FDA, most individuals who were once deferred should now be eligible to donate blood, assuming they meet all other donor requirements.

Riggs said that "standard procedures are in place to assure that donors are healthy at the time of donation and serve as an effective safeguard against collecting blood or blood components from a donor after the onset of clinical symptoms of vCJD. Blood safety is always our top priority."

Riggs added that everyone should consider donating blood, if they are eligible.

"Blood is the most precious gift that anyone can give to another person—the gift of life," he said. "A decision to donate your blood can save a life, or even several if your blood is separated into its components—red cells, platelets and plasma— which can be used individually for patients with specific conditions."

Need a Duplicate Tax Document? Here Are Easy Ways to Get It from DFAS

By DFAS Cleveland

It's tax season again and we want to make sure you are aware of all of the options you have for getting copies of your tax documents from DFAS.

We recommend you take advantage of myPay. A myPay account is your one-stop source for all of your most important retired pay or annuity pay information, including your 1099-R.



- In fact, 1099-Rs for tax year 2022 were available in December in myPay.
- If you requested your 1099-R to be mailed, it was mailed via U.S. Postal Service no later than January 31, 2023.

Your 1099-R and Pay Information in myPay

The fastest and most secure way to obtain a copy of your 1099-R is through myPay. Retirees and annuitants can log in to myPay, and download or print their 1099-R from the comfort of home. See: <https://myPay.dfas.mil>



If you're not using myPay, now is a great time to get started. myPay is now simpler, streamlined and more mobile-friendly. That means it is easier to manage your pay account using the web browser on your computer or with a connected device, like your smartphone or tablet. The advantage of using myPay is that your 1099-R tax statement is available much sooner in myPay than through postal mail. 1099-Rs generally become available in myPay in late December, while paper

copies aren't mailed until later in January. In addition, in myPay you can download or print your current year tax statement, as well as prior year 1099-Rs (up to four prior years for retirees and up to two prior years for annuitants).

While you're in myPay, you can also easily check to make sure DFAS has your correct mailing address and email address. The self-service options available through myPay simplify the management of your military retirement or annuity and give you access to personalized information about your account.

It's Easy to Get Started with myPay

If you've never used myPay, you can request an initial password on the myPay homepage using the "Forgot or Need a Password" link. The password will be mailed to the address you have on file with DFAS and you should receive it in about 10 business days.

Once you receive your password in the mail, you can return to the myPay homepage and log in with your social security number and the password you received in the mail to create your myPay profile.

We have a downloadable step-by-step Get Started Guide to myPay on our website at <https://www.dfas.mil/rapay> and a how-to video on the DFAS YouTube channel: <https://youtube.com/DFAS>.

Continued on page 16

Continued from page 15

Reactivating Your myPay Account

We know that some of you only use myPay once a year to get your 1099-R during tax season. Then, when you do try to access your account, you discover that your password is expired, lost or forgotten. If this sounds like something that has happened to you, please update your password now. Waiting to update your password might mean longer wait times and potential delays in receiving your tax documents.

If your myPay account is in an inactive status because your password has expired, you can follow the simple steps below to reactivate your account.

1. Go to <https://mypay.dfas.mil> in your web browser on a computer or connected device.
2. Click on the “**Forgot or Need a Password?**” link and enter your Login ID or Social Security Number.
3. Choose to send a temporary password to your email or mailing address of record.
4. When you receive the temporary password, go back to myPay and log in to reactivate your account.

Additional Ways to Get Your 1099-R

If you are not using myPay, DFAS offers other convenient options to get or replace an IRS Form 1099-R.

For retirees, if your mailing address on file with DFAS is current, you can get a copy of your 1099-R through the telephone self-service option. To use telephone self-service:

- Call 800-321-1080
- Select option “1” for Self-Serve
- Select option “1”
- Enter your Social Security Number when prompted

Your 1099-R should be in the mail within 7-10 business days to the address DFAS has on record.

Now available: starting this year, you can use the ask DFAS 1099-R online tool to submit a request to have your duplicate 1099-R mailed to a foreign address!

If you prefer traditional mail, you can send us a written request by fax or mail, but please make sure you leave time for processing. It can take up to 30 days to process requests received by fax or mail.

Find instructions for these convenient options at: <https://www.dfas.mil/rettaxes>

Members with unique situations can speak directly to one of our customer care representatives. Depending on call volume, you may have to wait on hold while we assist other customers.

Changing Your Federal Tax Withholding

If you need to change your withholding, you can do it easily in myPay. Or you can fill out and mail an IRS Form W-4 if you are a military retiree or an IRS Form W-4P if you are an SBP annuitant. The forms are available on the IRS website (<https://www.irs.gov>) and are also linked from the DFAS Forms webpage: <https://www.dfas.mil/raforms>.

Please note: You are not required to file a new Form W-4 or Form W-4P unless you claim exemption from federal tax withholding. If you claim exemption, the IRS requires you file a new W-4 or W-4P at the beginning of EACH tax year.

Military retired pay is paid for many different reasons under many different laws. There are differences in the types of pay a military retiree might receive and the tax laws that apply to them. Whether a portion or all of an individual’s military retired pay is subject to federal income taxes depends on his/her individual circumstances.

Continued on page 17

Continued from page 16



An individual's choice to have no withholding for federal taxes does not impact whether the individual's military retired pay is actually subject to federal income taxes. Ultimately, the IRS will determine the amount of taxes owed on the military retired pay.

See the DFAS retired pay taxes webpage for more information for retirees: <https://www.dfas.mil/rettaxes>

See the DFAS manage your SBP annuity webpage for more information for annuitants: <https://www.dfas.mil/managesbp>

DFAS customer service representatives cannot provide tax advice or recommendations about withholding. Please consult a tax professional if you have questions about your taxes.

The IRS Tax Withholding Estimator

The IRS has an online Tax Withholding Estimator to help you determine how much tax you need to have withheld. The calculator helps taxpayers estimate if the right amount is being withheld from their income to cover their tax liability. The estimator uses a simple, six-step question-and-answer format using information like marital or filing status, income, withholding, adjustments, deductions and credits.

The mobile-friendly estimator is available at: <https://www.irs.gov/individuals/tax-withholding-estimator>

HAVE YOU CHANGED YOUR NAME?

MARADMIN 022/22 was released on 21 January 2022, and provides guidance for Administrative Name Changes to a Certificate of Release or Discharge from Active Duty (DD Form 214) as directed by the Under Secretary of Defense (USD) for Personnel and Readiness (P&R). Prior to the release of this MARADMIN, requests for administrative name changes to the DD 214 were submitted to the Board for Correction of Naval Records (BCNR). **Such changes will no longer require approval by the BCNR.** Furthermore, Headquarters Marine Corps (MMRP-10) will hold administrative responsibility for changes at their level. **Effective immediately**, all administrative name changes to the DD 214 shall be submitted to Headquarters, U.S. Marine Corps (MMRP-10) for approval. All requests for administrative name changes shall be accompanied by a valid court order recognizing an individual's legal name change. If a name change request is not accompanied by a valid court order recognizing a legal name change, it will not meet the requirements to be changed administratively by this Headquarters. In such cases, the individual will be required to petition the BCNR for such a change.

Submit your request to the MMRP Organization email box: SMB.MANPOWER.MMRP-10@USMC.MIL (preferred submission method).

Alternatively, you can mail your request to:

Headquarters, U.S. Marine Corps (MMRP-10)
2008 Elliot Road
Quantico, VA 22134
1-800-268-3710

Please be aware, that approval of these requests will only result in your name being changed on your DD 214, and not in other official Marine Corps or Department of Defense Systems. Please contact MMSR-6 if you need your name changed in DEERS or at DFAS.

USMC REUNIONS



ORGANIZATION/POC	DATE	PHONE	EMAIL/WEB
Done E. Davis MCAA Squadron Reunion Officers Club MCAS, Beaufort, SC Robert McCutcheon Gale Rodgers	23-26 Mar 2023		mguns@me.com rodgers77oki@yahoo.com
11th Marine Regiment, Operation IRAQI FREEDOM I 20 Year Reunion Casey Harsh Camp Pendleton, CA	31 Mar-1 Apr 2023	(703) 693-4885	https://www.facebook.com/groups/1308875175846955/?ref=share https://www.11thmarinesoifl.com/
TBS Class 4-73 Delta Co 50th Reunion Col Bill Anderson, USMCR (Ret.) Col Bob Donaghue, USMCR (Ret.)	2023 Planning stages	(540) 850-4213 (617) 840-0267	binche57@yahoo.com ip350haven@comcast.net
East Coast Drill Instructors Association SgtMaj Kenneth Miller MCRD, Parris Island, SC	4-7 May 2023	(828) 499-0224	https://parrislanddi.org
Marine Corps Disbursing Association MGySgt Kevin Gascon (Ret.) Louisville, KY	21-25 May 2023	(760) 458-2655	mojorisin68@hotmail.com http://www.usmcdisbursers.com
Hotel 2/7 Vietnam Veterans (1965-1970) Jerry Norris	8-11 June 2023	(940) 631-7233	postalm16@hotmail.com
TBS Class 4-73 Delta Co 50th Reunion Col Bill Anderson, USMCR (Ret.) Col Bob Donaghue, USMCR (Ret.) Arlington, VA	15-18 June 2023	(540) 850-4213 (617) 840-0267	binche57@yahoo.com ip350haven@comcast.net
1st Marine Division Association 76 Annual Reunion Las Vegas, NV Dennis J. Coady (Anyone who served with our supported the Blue Diamond is welcome)	13-20 August 2023	(760) 763-3268	June.oldbreed@fmda.us
National Montford Point Marine Association Inc. 2023 Convention National VP, Ron Johnson Jacksonville, NC	23-26 August 2023	(540)-202-8552	http://www.montfordpointmarines.org
BS Class 3-67/41st OCC Arlington, VA	26-29 Oct 2023	(559) 273-9549	pdisario@comcast.net

Note to Reunion Planners: Send your reunion events as soon as possible to our organizational mailbox (smb.manpower.mmsr6@usmc.mil) to ensure timely inclusion in this publication. We apologize for the inconvenience with any delayed or missed events due to an unforeseen change in the distribution of this publication. Visit the MCCS web site (<http://www.usmc-mccs.org/reunion/>) for information on how to organize your reunion and lists of upcoming events.

2023 MILITARY RETIREE APPRECIATION DAYS



Retiree Appreciation Days are held throughout the year at various installations across the United States and Europe. Retirees and their family members are offered information on benefits and service.

DATE	LOCATION	CONTACT
02 Apr\0730	NAS Jacksonville, FL	904-542-5745
22 Apr	JB McGuire-Dix-Lakehurst, NJ	609-562-2666
06 May\0930	West Point, NY	845-938-4217
18-19 May\0900	Fort Jackson, SC	803-751-5495
20 May\0900	JB Langley-Eustis, VA	757-878-3648
16 Jun\0800	NSA Mid South, Millington, TN	901-874-5195
03 Aug\0900	NRNW Naval Base Kitsap, Silverdale, WA	360-315-3052
08-09 Sep\0830	Fort Leonard Wood, MO	573-596-6637
09 Sep\0800-1100	Camp Pendleton, CA	760-763-1779
09 Sep	Buckley SFB, CO	720-847-6693
21 Sep\0830	Fort Detrick, MD	301-619-3357
23 Sep\0900	Camp Lejeune, NC	910-451-0287
25 Sep\0800	NAS Lemoore, CA	559-998-4524
07 Oct\0800	Fort Campbell, KY	270-798-5280
07 Oct\0830-1300	JB Ellington-Houston, TX	281-935-6494\210-221-9904
20 Oct\0930	Fort Knox, KY	502-624-7236
21 Oct\0800	Fort Bragg, NC	910-396-5304
21 Oct\0900	Fort Polk, LA	337-531-0363
21 Oct\0800	JBSA Fort Sam Houston & Brooke AMC, TX	210-221-9004\9793
27 Oct\0900	Fort Belvoir, VA	703-806-4551
27 Oct\0930	Fort Rucker, AL	334-255-9124\9739
28 Oct\0900	Fort Hood, TX	254-287-5210
04 Nov\0900	Fort Gordon, GA	706-791-2654\4774

Experience camaraderie and esprit de corps at a Retiree Appreciation Day. To view these events and others visit: https://www.hostmtb.org/RADs_and_Other_Retiree-Veterans_Events.html#USA.

TAPS



The Marine Corps wishes to extend heartfelt sympathy to the loved ones and friends of our fallen comrades. Because of the Privacy Act, we cannot release addresses of the next of kin. The following list includes the Marine's name, last grade held that was reported to the Defense Finance and Accounting Service, month and year of retirement, and month and year of death.

Note: In an effort to reduce erroneous listings, Semper Fidelis will only announce deaths that have been confirmed from DFAS. Telephonic reporting of deaths to MMSR-6 are first confirmed before posted in this column.

LIEUTENANT GENERAL			
WINGLASS, ROBERT J.	Aug 92/Jan 23	KILLEBREW, JOE	Jul 80/Jan 22
BRIGADIER GENERAL		KROLAK, RICHARD S.	Jul 75/Oct 22
BRIER, GEORGE R..	Jul 76/Jan 23	NACRELLI, MARTIN J.	Jul 05/Nov 22
COLONEL		TASHJIAN, JOHN H.	Jul 81/Nov 22
BACHILLER, RAYFEL M.	Jul 01/Oct 22	TENORIO, TEODORO R.	Aug 86/Oct 22
BOSTON, JOHN C.	Jun 95/Nov 22	WILSON, DONALD W.	Jul 72/Nov 17
CLEARY, JAMES J.	Jun 98/Nov 22	WILSON, THOMAS D.	Jul 80/Nov 22
EDDY, MICHAEL F.	Jul 00/Dec 22	CAPTAIN	
GARDNER, MICHAEL R.	Nov 97/Nov 22	BARONET, LEE N.	Jan 73/Oct 22
JONES, JOSEPH F.	Jul 83/Nov 22	BOVEE, WILLIAM B.	Feb 74/Dec 22
KEPHART, MICHAEL M.	Apr 00/Dec 22	CARTER, JACKIE M.	Sep 73/Nov 22
MCCULLOUGH, JOHN D.	May 05/Oct 22	CUMBER, HARRY W.	Nov 72/Oct 22
MCKENNEY, JAMES B.	Aug 92/Nov 22	EAGLE, MONTE W. JR	Nov 74/Aug 20
RACKHAM, ROBERT N.	Jan 87/Nov 22	FAYLOR, DWIGHT G.	May 74/Nov 22
SMITH, GEORGE E. JR.	Jul 88/Nov 22	HALES, JAMES H JR.	Apr 85/Nov 22
WALTERS, RICHARD J.	Dec 92/Dec 22	HARMON, TOMMY A.	Jul 72/Dec 22
LIEUTENANT COLONEL		PEABODY, CHARLES P.	Jun 74/Nov 22
BROWN, HERMAN C.	Mar 84/Dec 22	REYNOLDS, TRACE J.	May 75/Nov 22
BRUCE, JAMES J.	May 84/Dec 22	SONGNE, LLOYD D.	Jul 81/Nov 22
DACY, DOUGLAS C.	Feb 87/Jan 22	CHIEF WARRANT OFFICER 4	
FINNANCE, DENNIS M.	Jan 85/Sep 22	AMOND, LELAND W.	May 95/Jan 22
GRUMMER, HUBERTA A.	Jul 00/Sep 22	ELLS, ROY R. JR.	Oct 96/Dec 22
HORAN, ROBERT F.	Oct 92/Oct 22	GILLIS, WILLIAM C.	Aug 87/Aug 20
HOSTUTLER, CHARLES R.	Apr 07/Dec 22	JACOBS, JAMES C.	Jul 91/Oct 22
SELLERS, WILEY J.	Aug 77/ Oct 22	KUBIK, LOUIS J.	Aug 00/Jul 22
MAJOR		CHIEF WARRANT OFFICER 3	
BARONE, MICHAEL F.	Oct 85/Nov 22	ELKINS, JAMES L.	May 66/Jul 22
BRADY, GAYLEN F.	Oct 90/Oct 22	FRANKIE, SEAN O.	Jul 09/Oct 22
BUCKLE, DANIEL J. JR	Apr 84/Jan 23	HUGHS, DOUGLAS W.	Jun 72/Nov 22
COLE, JEAN P.	Jan 79/Oct 22	SHOEMAKER, CHARLES R.	Jul 78/Nov 22
COWART, JERRY J.	Sep 75/Aug 22	CHIEF WARRANT OFFICER 2	
DIFFEN, RAY I.	Nov 72/Oct 22	BLASI, CHARLES L.	Dec 70/Nov 22
HOWARD, CHARLES J. JR	Oct 89/Nov 22	TANSY, JAM M. JR	Jul 18/Nov 22
HUDGINS, RICHARD T. JR.	Jan 91/Nov 22		
JONES, JACK D.	Sep 67/Nov 22		

Continued from page 20

TAPS



The Marine Corps wishes to extend heartfelt sympathy to the loved ones and friends of our fallen comrades. Because of the Privacy Act, we cannot release addresses of the next of kin. The following list includes the Marine's name, last grade held that was reported to the Defense Finance and Accounting Service, month and year of retirement, and month and year of death.

Note: In an effort to reduce erroneous listings, Semper Fidelis will only announce deaths that have been confirmed from DFAS. Telephonic reporting of deaths to MMSR-6 are first confirmed before posted in this column.

SERGEANT MAJOR

BORING, RONALD R. Feb 88/Oct 22
 COMPTON, CURTIS P. Jul 84/Nov 22
 GOODMAN, ALBERT L. Apr 99/Oct 22
 HOWLAND, EUGENE C. Oct 82/Nov 22
 POLLIONE, PETER J. Jan 90/Sep 22
 SHANKEY, HUGH R. Jul 89/Nov 22
 SYWANYK IHOR Oct 96/Aug 20

MASTER GUNNERY SERGEANT

ARNETT, MILTON R. May 87/June 22
 ASHLEY, ODELL C. JR. Feb 91/Nov 22
 BARBIERI, JOE J. Jul 69/Dec 22
 BROCKWAY, EARL F. Jun 85/Dec 22
 BROWN, JEWELL JR. Sep 17/Oct 22
 FRAZIER, HERBERT G. Dec 89/Oct 22
 GADD, CLARENCE L. Nov 72/Dec 22
 HOOVER, LON A. May 99/Dec 22
 LUCK, ROBERT L. JR. Aug 07/Sep 22
 KNAUS, WALTER C. Mar 74/Oct 22
 MCNULTY, HARRY S. JR. Jan 84/Oct 22
 MCQUEEN, CYRIL J. Jul 79/Nov 22
 PELHAM, BRADLEY E. Sep 00/May 21
 ROBERSON, ROBERT A. Sep 87/Nov 22
 SIERRA, ANTONIO J. Apr 83/Jul 22
 VAUGHAN, WALTER L. Aug 76/Nov 22
 VENABLE, JOSEPH M. Apr 94/Nov 22
 YOUNG, GEORGE A. Feb 89/Aug 22

FIRST SERGEANT

DONALDSON, BILLY M. Sep 73/Nov 22
 HAMILTON, RAYMOND C. JR. Oct 81/Nov 22
 JORDAN, WILLIAM A. Feb 86/Sep 22
 KIRKLAND, WILLIAM H. Sep 82/Dec 22
 LANGO, JOHN J. JR. Aug 99/Nov 22
 MCNEAL, ROBERT L. Oct 83/Dec 22
 MCPHETRES, WILLIAM A. May 92/Nov 22
 OLAYVAR, HERBERT Mar 71/Aug 22
 REDMAN, RANDY J. Aug 94/Nov 22
 WILLIAMS, HOWARD L. Feb 86/Dec 22

MASTER SERGEANT

ALLEN, JAMES L. May 91/Dec 22
 BLICK, J. A. Aug 69/Dec 22
 BURNETT, BERNARD E. SR. Mar 73/Jul 22
 CARTER, ROBERT E. Dec 86/Dec 22
 CHARS, ROBERT J. Sep 86/Oct 22
 CUELLAR, ANTONIO S. Jun 72/Nov 22
 DOYLE, MICHAEL J. Sep 12/Nov 22
 GRIFFITH, FREDERICK M. Nov 81/Dec 22
 GYORKOS, RONALD J. Jun 92/Oct 22
 HAMILTON, DONALD L. Apr 89/Nov 22
 HARRIS, ERNEST R. Mar 71/Oct 22
 HOLCOMB, BOBBY A. Jun 77/Dec 22
 LEE, DALLAS J. May 86/Dec 22
 LONG, ROBERT A. May 89/Dec 21
 LYONS, ERNEST P. May 78/Nov 22
 MARQUEZ, PEDRO Jul 80/Nov 22
 SANCHEZ, ANGEL Aug 93/Nov 22
 SMITH, CHARLES F. III Sep 81/Nov 22
 SUNDIN, ROBERT D. Jul 00/Dec 22



Continued from page 21

TAPS



The Marine Corps wishes to extend heartfelt sympathy to the loved ones and friends of our fallen comrades. Because of the Privacy Act, we cannot release addresses of the next of kin. The following list includes the Marine's name, last grade held that was reported to the Defense Finance and Accounting Service, month and year of retirement, and month and year of death.

Note: In an effort to reduce erroneous listings, Semper Fidelis will only announce deaths that have been confirmed from DFAS. Telephonic reporting of deaths to MMSR-6 are first confirmed before posted in this column.

GUNNERY SERGEANT		
ACKERMAN, BRIAN J.	Apr 05/Nov 22	CEPRISH, SIMON W.
CAPE, THOMAS C.	Mar 78/Oct 22	CHEEK, ARTHUR M.
CLARK, GEORGE E.	Sep 06/Dec 22	COLLINS, FREDERICK C.
BOWSER, OLIVER L. JR	Feb 74/May 21	GERHARDT, WILLIAM C.
BUNCH, ALBERT L.	Jul 72/Nov 22	GOMEZ, ROBERT R.
GARDUNO, LLOYD E. JR	Aug 81/Oct 22	HAMPTON, HERMAN L.
GORDON, ROSCOE C. JR.	Oct 93/Jan 22	HOLMES, LEE R.
GOFFINET, JULES F.	Nov 77/Dec 22	HUDSON, JAMES
HERRMANN, PAUL S.	Aug 89/Dec 22	LUNDY, D. C.
HOATLAND, ROY A.	Aug 79/Nov 22	MESSIER, BRUCE A.
HOHN, JOHN W.	Dec 76/Dec 22	MONK, DONALD W.
JACKSON, HARRY L.	Dec 78/Jan 23	PIERCE, JAMES R.
JOHNSON, DANIELS S.	Jun 87/Dec 22	RICHARDS, D. M.
JOHNSON, SHAQWAUN M.	Dec 10/Dec 22	ROBERTSON, DANIEL D.
KELLY, CALVIN G.	May 70/Oct 22	TWIFORD, MARION G.
KUNKLE, HAROLD W.	Jul 82/Nov 22	WRIGHT, DARRELL D.
LAPOINTE, ROGER E. SR	Jul 75/Nov 22	
LOHDAMM, WILLIAM A.	Aug 67/Oct 22	SERGEANT
MARSH, DOUGLAS J.	Jan 90/Nov 22	RIDDLE, SHANE L.
MCALPINE, JOHN D.	Apr 89/Dec 22	EASLEY, ROBERT D.
MIKEL, JAMES A.	Nov 94/Nov 22	MAY, JOHN K.
MORGAN, EMMETT S.	Aug 06/Nov 22	YARBOROUGH, LOUIS B.
NAJERA, JOHNNY S.	Sep 90/Oct 22	
NECESSARY, EMORY R.	Aug 92/Dec 22	CORPORAL
OWENS, BILLY	Jul 73/Nov 22	NICHOLS, CLYDE H.
PARKER, ROBERT C.	Nov 67/Jan 20	PETERSON, FREDERICK L.
PYLE, ROBERT D JR	Jul 96/Nov 22	REA, ROBERT L.
RICHARDS, GROVEN N.	Jun 75/Oct 22	YOUNG, JON D.
RICHARDSON, HENRY B. JR	May 78/Oct 22	
SCHAEBERLE, RUSSEL F.	Dec 01/Nov 22	LANCE CORPORAL
STEWART, ROBIN	Dec 96/Oct 22	FREEMAN, CHESTER JR.
STEWART, RONALD C.	Mar 94/Nov 22	ARNOLD, DANIEL H.
THORNTON, MARK	Sep 98/Nov 22	HULL, WILLIAM M. JR
TOKOTCH, BRUCE E.	Nov 88/Nov 22	
WESP, HAROLD R.	Jan 75/Dec 22	PRIVATE FIRST CLASS
YOUNG, BOBBY J.	Oct 83/Dec 22	ROWELL, JIMMY
		PRIVATE
STAFF SERGEANT		COX, ISOM P.
BLAKE, STEPHENSON E.	Feb 88/Oct 22	



2023 NAVY & MARINE CORPS Retiree Council

http://www.public.navy.mil/bupers-npc/support/retiree_council/Pages/default.aspx

LtGen Pete Osman, USMC (Ret), Co-Chair

Williamsburg, VA pete.osman@outlook.com

MCPON James Herdt, USN (Ret), Co-Chair

Chelsea, AL jim.herdt@pinnaclefive.com

MARINE CORPS REPRESENTATIVES

Col John Evans, Jr. USMC (Ret)

Arlington, VA john.w.evans.jr.1@gmail.com

Committee: [Overseas/Outreach/Resources](#)

LtCol Jennifer Hawkes USMCR (Ret)

Westerville, OH jennifer.a.jenkins@live.com

Committee: [Overseas/Outreach/Resources](#)

LtCol Andrew Del Gaudio, USMC (Ret)

Pensacola, FL godfatherdel@hotmail.mil

Committee: [Health Affairs](#)

LtCol Marlin Hefti, USMC (Ret)

Norfolk, VA silverbuzzer@aol.com

Committee: [Overseas/Outreach/Resources](#)

MGySgt Rachel Mickelson, USMC (Ret)

Kaneohe, HI mo2gs1b@gmail.com

Committee: [Compensation](#)

1stSgt Timothy La Sage, USMC (Ret)

Johnson Creek, WI tage8541@yahoo.com

Committee: [Overseas/Outreach/Resources](#)

SSgt Donald Robertson, USMC (Ret)

Chula Vista, CA djrobertson1@gmail.com

Committee: [Compensation](#)

GySgt Joshua Addison, USMC (Ret)

Tulsa, OK jaddison@protonmail.com

Committee: [Health Affairs](#)

NAVY REPRESENTATIVES

CAPT Michele Weinstein, USN (Ret)

Alexandria, VA mlweinstein4@verizon.net

Committee: [Health Affairs](#)

HMC Vicki Allen, USN (Ret)

Arlington, TN vicki.l.allen.civ@us.navy.mil

Committee: [Health Affairs](#)

MACS Bert Levesque, USN (Ret)

North Tazewell, VA bert.levesque@va.gov

Committee: [Compensation](#)

STS1 Jeffrey Eiler, USN (Ret)

Glendale, AZ jeffrey.eiler1@gmail.com

Committee: [Health Affairs](#)

CAPT Wayne Greenleaf, USN (Ret)

San Clemente, CA wgreenleaf@scufcwffunds.com

Committee: [Compensation](#)

CAPT Dorice Favorite, USN (Ret)

Bartlett, TN dorice.favorite@yahoo.com

Committee: [Compensation](#)

CDR Christopher Bowen, USN (Ret)

Wiesbaden, GE chrislbowen@yahoo.com

Committee: [Overseas/Outreach/Resources](#)

HTCS Stanley Kurtz, USN (Ret)

Alexandria, VA skurtz1211@att.net

Committee: [Health Affairs](#)

HEADQUARTERS, U.S. MARINE CORPS



RETIRED SERVICES AND PAY (MMSR-6)
3280 Russell Road, Quantico, VA 22134-5103
1-800-336-4649 or (703) 784-9310
Fax: 703-784-9834

Continued on page 23



2023 NAVY & MARINE CORPS Retiree Council

http://www.public.navy.mil/bupers-npc/support/retiree_council/Pages/default.aspx

CDR John Patterson, USN (Ret)
Snohomish, WA jlp66gt@comcast.com
Compensation: [Overseas/Outreach/Resources](#)

BUC Dennis Flederjohn, USNR (Ret)
Scottsdale, AZ [dmfelderjohn@yahoo.com](mailto:dmflederjohn@yahoo.com)
Committee: [Overseas/Outreach/Resources](#)

CAPT Marsha Williamson, USN (Ret)
Pensacola, FL mjwnavy06@yahoo.com
Committee: [Health Affairs](#)

ISCM Tony McLemore, USN (Ret)
Forney, TX tmac1614@gmail.com
Committee: [Overseas/Outreach/Resources](#)

CAPT Martin Menez, USN (Ret)
Alexandria, VA martin.menez@att.net
Committee: [N/A](#)

YNC(AW) Eric Wenzel, USN (Ret)
Glendale, AZ eric.wenzel@navy.mil
Committee: [N/A](#)

The Secretary of the Navy established the Navy & Marine Corps Retiree Council to consider issues of significant importance to retired military personnel and their family members, to facilitate interaction between Department of Navy leadership and the Navy and Marine Corps retired community, and to facilitate participation in other aspects of the Retired Activities Program.

The Council may review the effectiveness of current programs and policies affecting retirees and may make recommendations concerning improvements to privileges, benefits, assistance to retirees, quality of life, and any other matters relating to retired personnel.

SECNAV Instruction 5420.169K details Council membership and responsibilities and broadly empowers the Council to make recommendations on any matter relating to retired personnel.

HEADQUARTERS, U.S. MARINE CORPS

★

RETIRED SERVICES AND PAY (MMSR-6)
3280 Russell Road, Quantico, VA 22134-5103
1-800-336-4649 or (703) 784-9310
Fax: 703-784-9834

Steps to Take When an Annuitant Dies

ELIGIBILITY FOR SURVIVOR BENEFIT PLAN ANNUITY PAY ENDS WITH THE DEATH OF THE ANNUITANT (BENEFICIARY)

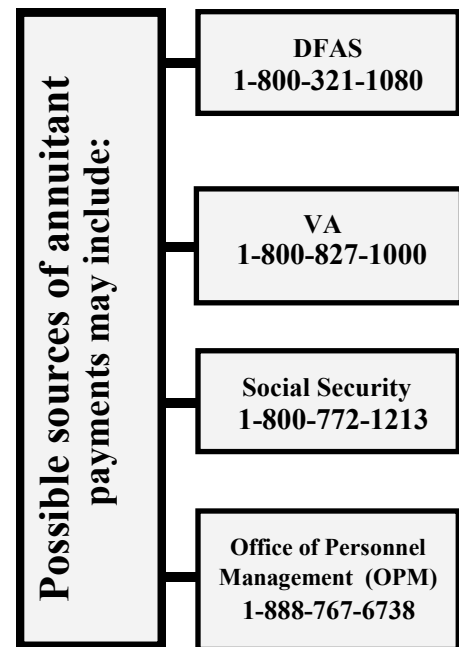
Prompt reporting of a deceased military annuitant’s death can help avoid delay and prevent possible financial hardship for the surviving family members or executors, who will be required to return any unearned payments of the decedent’s annuity pay if payment is erroneously received.

***While the VA does not provide burial benefits for annuitants, the annuitant may be eligible for burial in a military cemetery.

Follow these steps to report the death of an annuitant:

1. Call DFAS at 1-800-321-1080 to report the death and stop annuity pay.
2. Mail or fax a copy of the annuitant’s death certificate to:

DFAS - U.S. Military Annuitant Pay
8899 E. 56th Street
Indianapolis, IN 46249-1300
Fax: 1-800-982-8459
3. Inform any financial institutions receiving payments about the death of the annuitant. (Provide a copy of the death certificate when it becomes available).
4. If applicable, contact the following agencies/departments immediately to report the death:
 - **Social Security Administration:**
1-800-772-1213 www.ssa.gov
 - **Defense Enrollment Eligibility Reporting System:**
1-800-538-9552
 - **Department of Veterans Affairs:**
1-800-827-1000 (annuitants in receipt of Dependency and Indemnity Compensation)
www.va.gov



If you believe you are the victim of an error or injustice which affects your military record, you may apply for a Correction of Military Records by completing and submitting a DD Form 149, Application for Correction of Military Record. Examples of corrections include: upgraded discharge, promotions, retired pay, household goods, pay date change, bonus, and MGIB programs. DFAS pays military members when the Board for Corrections of Naval Records (BCNR) rule in their favor. If you received a decision from the BCNR and you do not agree with it, write the Board and explain your reasoning. Reference the appropriate address on page 2 of the DD Form 149. If you would like to check the status of your request contact the BCNR directly at (703) 604 - 6884 (Navy/Marine Corps). If you believe DFAS paid you incorrectly for your Correction of Record, provide documentation with a handwritten signature explaining why you are protesting the amount to:

DFAS-IN
 Dept. 3330, Attn: COR/Claims
 8899 East 56th Street
 Indianapolis, IN 46249-3300
 DFAS Inquiry Line: (317) 212-6167
 (Hours: 8:30 am to 3:30 pm, EST)



Directory Assistance Pages

A

AMC PASSENGER TERMINAL

<http://www.amc.af.mil/Home/AMC-Travel-Site/>

ARLINGTON NATIONAL CEMETERY

(703) 607-8000
www.arlingtoncemetery.mil

ARMED FORCES RECREATION CENTERS

www.armymwr.com/travel/recreationcenters/

- **Edelweiss Lodge and Resort (Germany)**
(011-49) 8821-9440
- **Hale Koa Hotel (Hawaii):** (800) 367-6027

ARMED FORCES RETIREMENT HOMES (GULFPORT)

Gulfport, MS: (228) 897-4418
<https://www.afrh.gov/gulfport-residents>

ARMED FORCES RETIREMENT HOMES (WASHINGTON)

Washington, DC: (202) 541-7501
<https://www.afrh.gov/washington-residents>

AWARDS:

Marines who have been discharged, separated or retired on or before 1 January 2001 should submit their inquiry to:

National Personnel Record Center
Military Personnel Records
1 Archives Dr., St. Louis, MO 63138
Phone: (314) 801-0800

B

BOARD FOR CORRECTION OF NAVAL RECORDS

701 S. Courthouse Rd., Bldg. 12, Suite 1001
Arlington, VA 22204-2490
(703) 604-6884/6885; Fax: (703) 604-3437
www.donhq.navy.mil/bcncr/bcncr.htm

C

CAMP LEJEUNE NOTIFICATION REGISTRY

<https://clnr.hqi.usmc.mil/clwater>

COLD WAR RECOGNITION PROGRAM

Attn: AHRC-PDP-A, Dept. 480
1600 Spearhead Division Ave.
Fort Knox, KY 40122-5408
Fax: (800)723-9262 or (502) 613-9510
<https://www.hrc.army.mil>
Search "Cold War Certificate"

COMBAT-RELATED SPECIAL COMPENSATION

SECNAV CRSC Board
720 Kennon St. SE, Ste. 309; Washington, DC 20374-5023
(877) 366-2772, Fax: (202) 685-6610
CRSC@navy.mil
<http://www.secnav.navy.mil/mra/CORB/pages/crscb/default.aspx>

D

DD 214s

Marines who have been discharged, separated, or retired on or before 31 December 1998:
National Personnel Records Center
1 Archives Dr., St. Louis, MO 63138
(314) 801-0800; Fax: (314) 801-9195
PR.center@nara.gov; www.archives.gov/st-louis

Marines discharged/retired/separated on or after 1 January 1999:
Commandant of the Marine Corps (MMRP)-10
2008 Elliot Rd., Quantico, VA 22134-5030
(800) 268-3710; smb.manpower.mmrp@usmc.mil

DEFENSE FINANCE AND ACCOUNTING SERVICE

(800) 321-1080, www.dfas.mil
U.S. and OCONUS: (216) 522-5955, Fax: (800) 469-6559

DFAS Special Compensation for the Severely Disabled

P.O. Box 998011; Cleveland, OH 44199-8011
(216) 522-6170

E

E-BENEFITS: <https://www.ebenefits.va.gov/ebenefits-portal/appmanager/eb/veterans>

F

Federal Employee Dental and Vision Insurance Program (FEDVIP)

(877) 888-FEDS ((877) 888-3337)
www.BENEFEDS.com/military

Federal Long Term Care Insurance Program (FLTCIP)

(800) LTC-FEDS ((800) 582-3337)
www.LTCFEDS.com/Military

M

MARINE CORPS ASSOCIATION

715 Broadway St., Quantico, VA 22134
(866) 622-1775, ext. 100, Fax: (703) 640-0162
mca@mca-marines.org

- **Leatherneck Magazine**
(800) 336-0291, ext. 115; Fax: (703) 640-0823
leatherneck@mca-marines.org
- **Marine Corps Gazette**
(800) 336-0291, ext. 144; Fax: (703) 630-9147
gazette@mca-marines.org

MARINE BARRACKS WASHINGTON

8th and I, Washington, DC, www.barracks.marines.mil



Directory Assistance Pages

MARINE CORPS HERITAGE FOUNDATION

18900 Jefferson Davis Hwy, Triangle VA 22172
(703) 640-7965 OR (800) 397-7585; info@marineheritage.org
<https://www.marineheritage.org/>

MARINE CORPS HISTORY DIVISION

Marine Corps University
2044 Broadway Street, Quantico, VA 22134-5001
(703) 432-4874, www.history.division@usmcu.edu

MARINE CORPS JUNIOR ROTC TECOM (C46JR)

1019 Elliot Rd., Quantico, VA 22134-5001
(703) 784-3706; www.mcjrotc.org

MARINE CORPS LEAGUE NATIONAL HQ

3619 Jefferson Davis Hwy, Suite 115
Stafford, VA 22554, (703) 207-9588: JFoster@MCLeague.org
(Membership Manager)

MARINE CORPS RECORDS CORRESPONDENCE (MMRP-12)

2008 Elliot Rd., Quantico, VA 22134-5030
(800) 268-3710, (703) 784-3930/4646/5616

MARINE CORPS RESERVE ASSOCIATION

3619 Richmond Hwy
Suite 115
Stafford, VA 22554-7771, (877) 289-8780, (703) 289-1204

MCCS COMMUNITY SERVICES: www.usmc-mccs.org

MEDICAL RECORDS: Marines who have been discharged/
separated/retired on 1 May 1994 or later:

VA Records Management Center
P.O. Box 5020; St. Louis, MO 63115-8950
(888) 533-4558; Fax: (314) 538-4571

MEDICARE: (800) 633-4227; www.medicare.gov

N

NATIONAL MUSEUM OF THE MARINE CORPS

18900 Jefferson Davis Hwy., Triangle, VA 22172
(877) 653-1775; www.usmcmuseum.org

NATIONAL PERSONNEL RECORDS CENTER

(314) 801-0800; <https://www.archives.gov/personnel-records-center/military-personnel>

NAVY LODGE WORLDWIDE RESERVATIONS CENTER

(800) NAVY-INN; www.navy-lodge.com

NAVY-MARINE CORPS RELIEF SOCIETY

875 N. Randolph Road Street, Suite 225, Arlington, VA 22203
(800) 654-8364; <http://www.nmcrs.org>

Q

QUANTICO NATIONAL CEMETERY

(703) 221-2183; www.cem.va.gov/cems/nchp/quantico.asp

S

SISTER SERVICE RETIREE PUBLICATIONS

- **Air Force Afterburner:** <http://www.retirees.af.mil/Library/Afterburner/>
- **Army Echoes:** <https://soldierforlife.army.mil/retirement/echoes>
- **Coast Guard Evening Colors:** www.uscg.mil/ppc/retnews
- **Navy Shift Colors:** www.mynavyhr.navy.mil/Media-Center/Publications/Shift-Colors/

SOCIAL SECURITY ADMINISTRATION

(800) 772-1213; www.ssa.gov

SURVIVOR BENEFIT PLAN

www.dfas.mil/retiredmilitary/provide/sbp

T

THRIFT SAVINGS PLAN: (877) 968-3778; Fax: (216) 367-3605; TSP mailbox: ccl-mc-tsp@dfas.mil
International callers: (404) 233-4400
<https://www.tsp.gov/index.html>

TRICARE: <https://tricare.mil/>

- **East:** (800) 444-5445;
<https://www.humanamilitary.com/east/>
- **West:** (844) 866-9378;
<https://www.tricare-west.com>
- **Overseas:** (888) 777-8343;
<https://www.tricare-overseas.com>
- **Health Beneficiary Counseling Assistance Coordinator:** <https://tricare.mil/bcacdeao>

TRICARE for LIFE: (866) 773-0404; www.tricare4u.com

TRICARE Network Pharmacy Program

(877) 363-1303;
<https://www.express-scripts.com/TRICARE/index.shtml>

TRICARE Pharmacy Home Delivery: (877) 363-1296;
<https://tricare.mil/homedelivery>

U

UNIFORM SUPPORT CENTER: (800) 368-4088;

Fax your DD 214 to (800) 551-6289 before placing order.

V

VA: (800) 827-1000; www.va.gov

VA EDUCATION: (888) 442-4551; www.gibill.va.gov

VA LIFE INSURANCE PROGRAMS:

(800) 669-8477; www.insurance.va.gov

VA SGLI/VGLI: (800) 419-1473

VA STATUS OF HEADSTONES AND MARKERS:

(800) 697-6947

HEADQUARTERS, U.S. MARINE CORPS (MMSR-6)
JAMES WESLEY MARSH CENTER
3280 RUSSELL ROAD
QUANTICO, VA 22134-5103

OFFICIAL BUSINESS
PENALTY FOR PRIVATE USE, \$300

Access your newsletter online at <https://www.hqmc.marines.mil/Agencies/Manpower-Reserve-Affairs-MMSR-6/>

Separation and Retirement Branch (MMSR)

VACANT, *Branch Head*
Maj Deborah L. Queen, *Assistant Branch Head*



Retired Services and Pay Section (MMSR-6)

Vincent P. Tate, *Human Resources Manager*
vincent.tate@usmc.mil

Donald J. Saucier, *Writer-Editor*
donald.saucier@usmc.mil

Human Resources Specialists

Beverly T. Britt
Pamela Karp
Rose M. Thomas
Glenda Williams
Donald Saucier

Marine Admin Staff
GySgt Justin Ransom

WHO TO CONTACT:



MMSR-2: (703) 784-9322/23 Enlisted
(703) 784-9324/25 Officer

Active Duty Separations and Retirements

- **Officer**
smb.manpower.mmsr2o@usmc.mil
- **Enlisted**
smb.manpower.mmsr2e@usmc.mil

MMSR-4: (703) 784-9308/09/21
Disability Separations and Retirements
smb.manpower.mmsr4@usmc.mil

MMSR-5: (703) 784-9306/07
Fax: (703) 784-9834
Inactive Reserve Separations and Retirements
smb.manpower.mmsr5@usmc.mil

MMSR-6: (703) 784-9311/10; 1-800-336-4649
Fax: (703) 784-9834
Retired Services and Pay

- Address Changes (Note: Annuitants must call DFAS)
- Identification Cards
- Semper Fidelis
- Survivor Benefit Plan

smb.manpower.mmsr6@usmc.mil

